



TOBACCO KILLS.

One out of two smokers dies prematurely due to tobacco use. Tobacco causes more than 430,000 deaths yearly – more than caused by alcohol, illegal drugs, AIDS, car crashes, and murders combined. The average start date for smokers is 13.

"It is a very powerful message when people who are survivors raise what voice they have towards others who may be saved in the process."

*Wade Hampton
Laryngectomy Survivor*

IN NORTH CAROLINA:

- One of five deaths relates to tobacco use.
- 32 people die daily due to smoking.
- 38,000 young people become smokers yearly.
- 36% of high school students and 17% of middle school students use tobacco.
- 10% of sixth graders use tobacco.
- If current trends continue, 165,000 youngsters alive today will die from tobacco use.

SAVE

(Survivors and Victims of Tobacco Empowerment)

14701 US 52 Highway North, Suite A • Wadesboro, NC 28170
704-826-8186 • Toll-Free #: 1-888-8-VOICES (1-888-886-4237)
info@tobaccosurvivors.org

As a statewide organization, SAVE identifies and trains survivors of tobacco-related illnesses to speak with students in school and community settings about the dangers of tobacco. SAVE's experienced speakers give presentations consisting of tobacco education facts and personal testimonies of their own struggles of living with tobacco-related cancers. Many of the SAVE speakers are throat cancer survivors who have had their voice boxes removed. They must now breathe through a hole in their throats and talk with the aid of an electric larynx or speech prosthesis. The message they present makes a powerful impression that is not forgotten.

SAVE survivors are also available to work with youth advocacy groups, providing support for activities that promote positive policy changes that ultimately will lead to decreased secondhand smoke exposure.

SAVE's tobacco prevention programs are funded by the NC Health and Wellness Trust Fund Commission (www.healthwellnc.com).

"Over the last decade alone, more than 100,000 North Carolina individuals have died from lung cancer, throat cancer, emphysema, and other tobacco-related illnesses. SAVE allows us to hear from those afflicted with tobacco-related illnesses and their families for the first time."

*Adam Goldstein, MD
Department of Family Medicine
University of North Carolina - Chapel Hill*



North Carolina Tobacco Use Quitline

1-800-QUIT-NOW (784-8669)
8 a.m. – midnight, 7 days a week

- *Trained tobacco cessation coaches – English and Spanish*
- *Coaches can call back upon request*
- *For all North Carolinians – Youth and Adult*
- *For additional information, visit www.quitlinenc.com*



1-800-QUIT-NOW